



## *Gotta Have a Heart*

THUMPING - PUMPING- THUMPING - PUMPING

Oh your heart is really, really something.

It's about the size of your fist.  
In your chest is where it sits.

It's a muscle that tightens or contracts,  
then relaxes to let blood pass.

Your heart pumps so your blood can move.  
So then where does your blood go to?

In your body you have these tubes.  
They're called vessels, and blood moves through.

These tubes or vessels, have special names.  
They help your body to do its thing.

THUMPING - PUMPING - THUMPING - PUMPING  
Oh your heart is really, really something.

Arteries carry blood out to body parts.  
Veins bring it back, straight to the heart.  
It's a crazy ride that never ends.  
The heart keeps pumping again and again.

THUMPING - PUMPING- THUMPING - PUMPING  
Oh your heart is really, really something.  
THUMPING - PUMPING- THUMPING - PUMPING

Oh your heart keeps your body bumping!



Day 1

- 1) The heart is a\_\_\_\_\_.
  - a) muscle
  - b) vessel
  - c) artery
  - d) vein
  
- 2) What carries blood to all your parts?
  - a) muscles
  - b) tubes
  - c) arteries
  - d) veins
  
- 3) What brings blood back to the heart?
  - a) muscles
  - b) tubes
  - c) arteries
  - d) veins
  
- 4) What happens after the blood comes back to the heart?
  - a) the blood stops
  - b) the heart stops
  - c) the blood changes into something else
  - d) the heart pumps the blood again